

**The Student Health Unit will close on Friday 20th December at 4.30pm
and re-open Monday 6th January 2024 at 9.15am.
Please see below for the Christmas Holiday Arrangements**

December	9am - 5pm	5pm - Midnight	Midnight - 8am
Saturday 21 st	8am - 5pm: 091-758008	087-7744430	0818-360000
Sunday 22 nd			
Monday 23 rd	Your own GP or Doctor365 0818000365 or Headford Road Medical Clinic 091-565664	087-2623997	0818-360000
Tuesday 24 th	9-3pm Your own GP or Doctor365 0818000365 or Headford Road Medical Clinic 091-565664	3pm – midnight 087-7744430	0818-360000
Wednesday 25 th	8am - midnight: 087-7744430		0818-360000
Thursday 26 th			
Friday 27 th	Your own GP or Doctor365 0818000365 or Headford Road Medical Clinic 091-565664	087-7744430	0818-360000
Saturday 28 th	8am - 5pm: 091-758008	087-7744430	0818-360000
Sunday 29 th			
Monday 30 th	Your own GP or Doctor365 0818000365 or Headford Road Medical Clinic 091-565664	087-2623997	0818-360000
Tuesday 31 st	Your own GP or Doctor365 0818000365 or Headford Road Medical Clinic 091-565664	087-7744430	0818-360000
Wednesday 1 st January	8am - 5pm: 091-758008	087-7744430	0818-360000
Thursday 2 nd January	Your own GP or Doctor365 0818000365 or Headford Road Medical Clinic 091-565664	087-2623997	0818-360000
Friday 3 rd January	Your own GP or Doctor365 0818000365 or Headford Road Medical Clinic 091-565664	087-7744430	0818-360000
Saturday 4 th Jan	8am - 5pm: 091-758008	087-7744430	0818-360000
Sunday 5 th Jan			

Crisis Mental Health Supports:

Text HELP to 50808 / Phone Samaritans 116 123 / Phone Pieta House 091-502921 or present directly to Psychiatry on-call service via A&E Dept, University Hospital Galway, or via your own local A&E Dept.

National Emergency Service

In any SEVERE MEDICAL EMERGENCY, dial 999 or 112 for ambulance support.