Ollscoil na Gaillimhe
University of Galway

Coláiste na nDán, na nEolaíochtaí Sóisialta & an Léinn Cheiltigh
College of Arts, Social Sciences & Celtic Studies

MSc (Adolescent Health)



University of Galway.ie

Course Overview

The Masters in Adolescent Health, offered by the Discipline of Children's Studies in collaboration with the Discipline of Paediatrics, is the first programme of its kind in Europe. This interdisciplinary programme is designed specifically for educators, youth workers, coaches, youth advocates, social workers, health care professionals, and all professionals and individuals committed to working with adolescents in a way that protects and promotes their health. This programme is relevant for anyone who is passionate about improving the health and well-being of adolescents.

Delivered through a combination of online modules and monthly workshops on campus, this programme caters to recent graduates, working professionals, and distance learners. The programme can also be completed fully remote via attendance online.

Graduates will be equipped with the requisite knowledge and skills to promote and improve the health of adolescents, locally, nationally, and globally.

Student Spotlight: Alice Patricia Akongo

"I selected this course because it resonates so much with my passion and the current pressing issues of adolescence in my country. I love working with young people, which I have done for eight years with Save the Children International and Straight Talk Foundation in Uganda. The unique aspect of my course is it allows me to understand the adolescent stage better, especially in recognizing the special challenges and opportunities presented during this stage, and it reminds me that in order to develop effective interventions and promote their lifelong well-being. It requires a holistic approach".



Why choose this programme?

- You will receive interdisciplinary training in adolescent health grounded in a public health approach.
- You will enjoy the flexibility of a blended learning approach, which combines asynchronous activities, live class sessions via zoom, and a series of on-campus workshops held the first Saturday of each month throughout the academic year.
- You can complete the programme fully remote engaging with classes and workshops online.
- You can choose to complete the programme either on a full-time (one year) or part-time (two year) basis, allowing you to complete the programme around your personal schedule.
- You will learn to define the health and developmental needs of adolescents, design strategies to address those needs and evaluate the effectiveness of adolescent health policies and programmes.
- You will complete an Integrative Learning Experience (ILE), such as a community-led project, narrative review, or independent research leading to a thesis. Your ILE final project will be on a topic of your choosing and tailored to your personal interests and professional goals.
- When you leave this programme, you will have the necessary knowledge and skills to work with and on behalf of adolescents, and to promote and improve the health of adolescents locally, nationally, and globally.

Employment and Career Opportunities

The Masters in Adolescent Health trains students to work in adolescent health practice and research, and to incorporate considerations of how to better protect and promote the health of adolescents across their working and personal life. Graduates of our programme will have proficiency in the physical, cognitive, social, and emotional needs of adolescents as well as an understanding of the challenges and opportunities faced by this age group.

Graduates will be equipped with the fundamental knowledge and skills to work in a vast array of organisations both nationally and internationally including health care, consulting firms, departments of health and education, hospitals, not-for-profit organisations, schools, universities, and many, many more.

Course Facts and Entry Requirements

Course Level: Level 9, 90 ECTS

Duration:
1 year Full-time, 2 years Part-time

Delivery:
Blended learning with fully remote option, to suit students' needs.

Entry Requirements

Applications will be evaluated by the programme board which will review a range of criteria, including the applicant's academic record, relevant professional experience, and overall motivation and suitability for the programme.

Successful candidates will have a strong undergraduate record with a minimum of a 2.2 in a Level 8 in the social sciences, health sciences, or a cognate discipline.

Applicants with a Level 7 with extensive experience working with adolescents will also be considered on a case-by-case basis. Applicants are required to submit a Personal Statement that highlights their commitment to the field of adolescent health. Applicants should also submit a CV and two letters of recommendation. International applicants are required to have an equivalent degree and submit their results from their undergraduate university.

Did You Know?
Ireland has a 2-Year, Stay-back Option. This allows non-EU/EEA students who have studied on a full-time basis in Ireland and have graduated from Irish higher education institutions to remain in Ireland for up to 24 months to seek employment.

English Language Requirements

Applicants from countries where English is not the official language must submit scores from the International English Language Testing System (IELTS). A minimum score of a 6.5 overall is required on the IELTS (or equivalent English Language Test).

Your Country Guide for International Students:

Fees:
www.universityofgalway.ie/studentfees/how-much/

Application Process:
How to apply

Candidates are encouraged to apply as early as possible.

Closing date:
Further details on closing dates can be found Key Dates
Offers are made on an ongoing basis.

Admissions Queries:
artsadmissions@universityofgalway.ie

Programme Module Outline

Foundations of Public Health in the Context of Adolescence	**Designing, Implementing, and Evaluating Adolescent Health Interventions**
Adolescent Health and Development	**Determinants of Adolescent Health**
Research Methods	**Communication for Adolescent Health**
Quality Improvement	**Leadership Development for Adolescent Health**
Chronic Health Conditions in Adolescence	**Integrative Learning Experience**

Looking to make an impact on adolescents in your community and around the globe?

The Masters in Adolescent Health programme at University of Galway will equip you with the necessary skills and knowledge to make a difference and create change.

For More Information please contact:

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Visit the Programme Page via the QR code: