



**Get involved!**

**In support of Mental Health Ireland's World Mental Health Month programme, we are organising a Connect Café:**

**EVENT**

**DATE & TIME**

**VENUE**

If you want more information, please contact:  
[info@worldmentalhealthmonth-mhi.ie](mailto:info@worldmentalhealthmonth-mhi.ie)

For information, to get involved or to fundraise scan the QR code or visit the World Mental Health Month website



← SCAN ME

[www.worldmentalhealthmonth-mhi.ie](http://www.worldmentalhealthmonth-mhi.ie)