

Contribution to the WHO Child and Adolescent Health Strategy (2020-30)

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WHO European Child and Adolescent Health Strategy (2015-2020)



Priorities:

- Making children's lives visible
- Addressing preventable death and infectious disease
- Supporting growth and development
- Reduce exposure to violence
- Creating a tobacco-free generation
- Healthy eating
- Reducing depression
- Protecting against environmental risks

The new strategy (2020-2030)



Key aims:

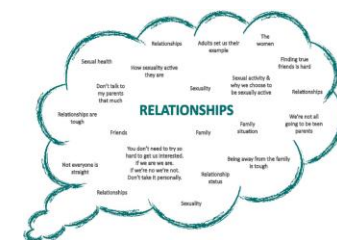
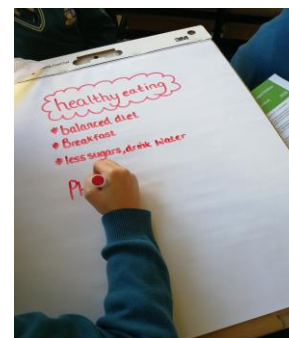
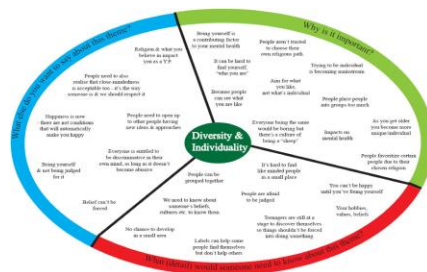
- Align child and adolescent health priorities and action to the Sustainable Development Goals
- Renew focus on child and adolescent health
- Address current priorities and gaps in existing strategy
- A stronger focus on children and young people's rights
- **Active participation of children and young people.**





Youth Participation – HBSC study

- Aim for youth to be represented and have a voice in all stages of the HBSC research cycle
- Model where young people are equal stakeholders with other external experts in the activities of the HBSC survey cycle



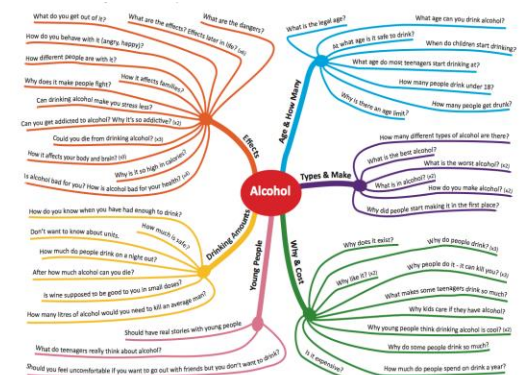
What is youth participation?

- Rights based perspectives – right to actively and meaningfully engage in all matters that affect their lives
- Meaningful: inclusive, intentional, mutually-respectful partnership
- Power is shared, respective contributions are valued
- Young people’s ideas, perspectives, skills and strengths are integrated
- Involved in development, implementation, monitoring and evaluation of policies, programmes and initiatives that affect them

Global Consensus statement – meaningful adolescent and youth engagement

Youth participation – core principles

- Rights-based
- Transparent and informative
- Voluntary and free from coercion
- Respectful of young people’s views, backgrounds and identities
- Safe



Global Consensus statement – meaningful adolescent and youth engagement

Youth participation - benefits

- Benefits to research and development
 - Can identify new areas for research; ask different questions; different perspective; ensure research tools are appropriate
- Benefits to service and dissemination
 - Youth present findings - greater impact; relationship building, engagement with services
- Benefits to young people
 - Involved in decision-making, citizenship, skill development, impact/change, contribution, leadership, empowered
- *Better decisions, better policies, better solutions*

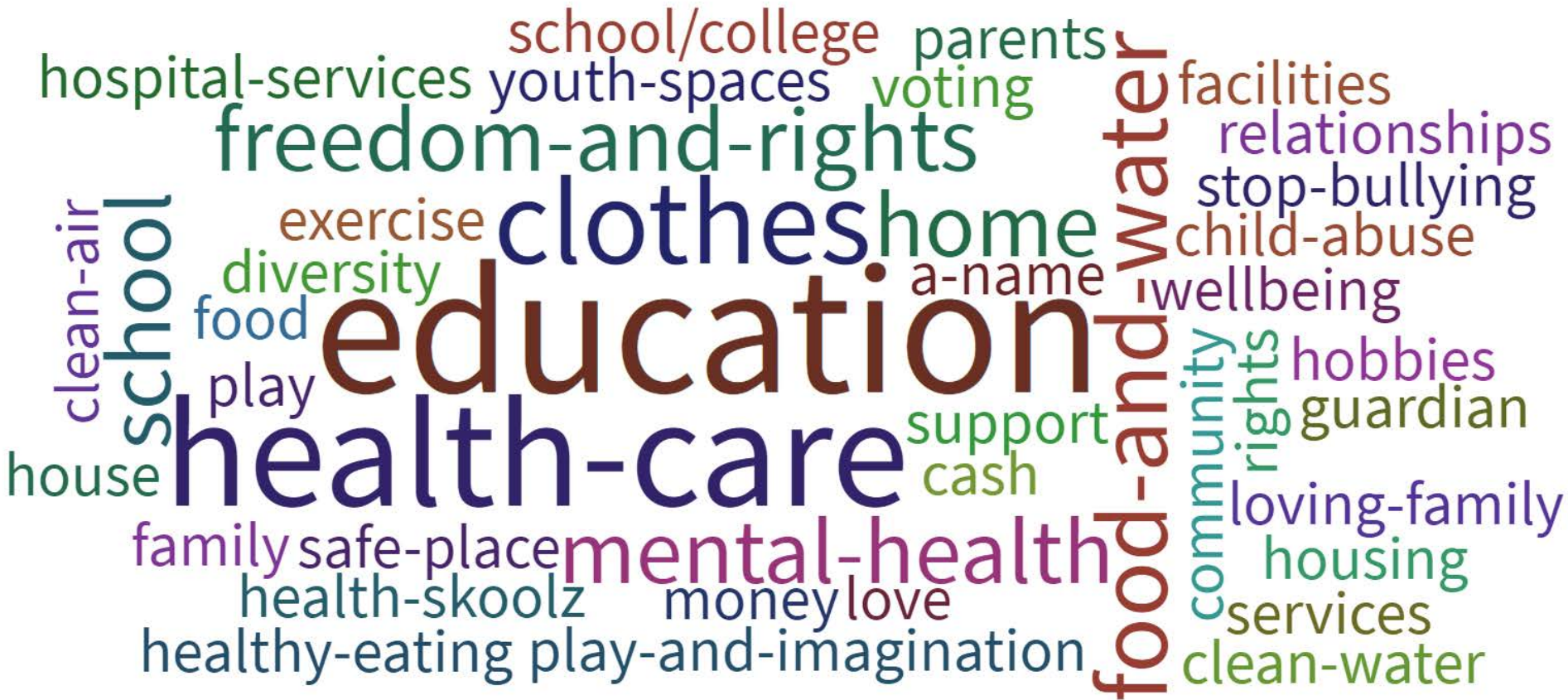
Planning for youth participation

- Young engagement expert meeting – meeting Feb 2019
- WHO CC meeting – March 2019
- Protocol development (Ireland) – May 2019
- HBSC Youth participation meeting – June 2019
- Regional roll-out of the protocol – Summer/Autumn 2019
- Draft strategy – October 2019
- Consultation with youth on draft strategy – Spring 2020

But first – your input

- ***What issues should be included in the next WHO European child and adolescent health strategy?***
- **www.pollev.com/hp341**

Young people's input



Pilot protocol for CAH strategy

- ***‘What is needed for children and young people to live well and if you were in charge of making the lives of children and young people better, what would you do?’***
- Children/YP worked individually – generating their own ideas on cards
- In groups – played a ‘snap game’ to categorise/sort the cards. Every category was named within groups
- Each group then worked on a presentation/schema of the data
- N=8 groups involving a total of 45 young people, aged 11-17 years

Prioritising issues - your turn

- Please rank the issues in priority, starting at 1...
- Education, health care.....

Happy Child®

Happy Child Project®

Clean Air

Clean air and a clean environment is important for a child's health.

Play and Imagination

Play is crucial for a child's mental health.

(WiFi)

Food and water

Food and clean water is super important for life. If a child doesn't have this, they can get severely sick.

Happy Child®



Family

A child needs a family to care for them.

Clothes

Childrens clothes to stay warm and respectable.

An Education

Education is important for a child to learn and develop for adult hood.

Stop Bullying

Stop bullying, even though cyber bullying isn't as bad, it can still be very offensive to a young girl or boy.

House

A home is very important for children so they can have a roof over their head

Stop Child Abuse

Child abuse has to stop, there is no use for it. How would you like it if you were abused at such a young age?

CREDITS

To Laszlo
Robyn, Adam G
Marcas, Isabelo
Makow

TM®

'play is crucial for a child's mental health'



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Space
Safety
Freedom

Behind the categories...

- Youth space

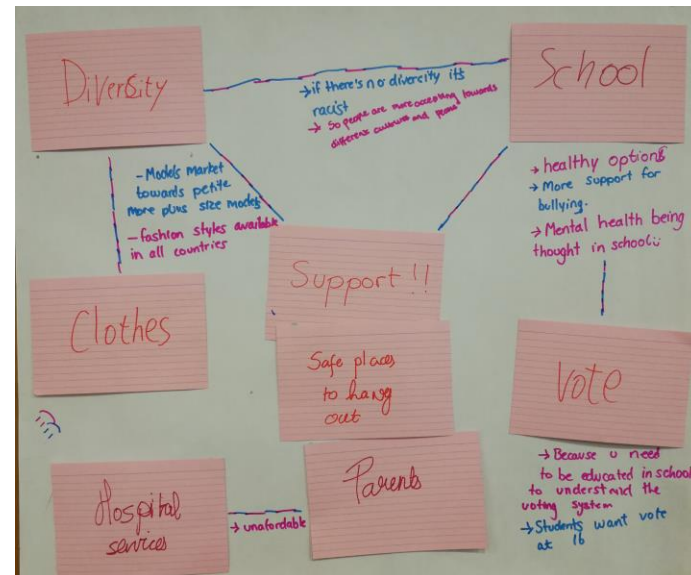
- To feel relaxed, feel safe and/or seek resources

- ‘Facilities to go when relationships get bad’

- ‘Places for youth to hang out safely’

- ‘Safe places to hang out’

- More therapy places for children’



Future work

- Data shown are only young people in Ireland – preliminary analysis and more workshops organised
- Protocol to be discussed at international HBSC meeting next week
- Young people in Armenia, Moldova, Poland, Portugal, Scotland, and Ukraine to get involved....
- Collate data and feedback to policy makers
- Young people to consult on draft policy in 2020.