

# Methods of Measuring **Health Literacy of Children** HEALTH LITERACY CHILDHOOD AND ADOLESCENCE I N



2015 Health Promotion Conference Health Literacy: Research, Policy & Practice 18 June 2015



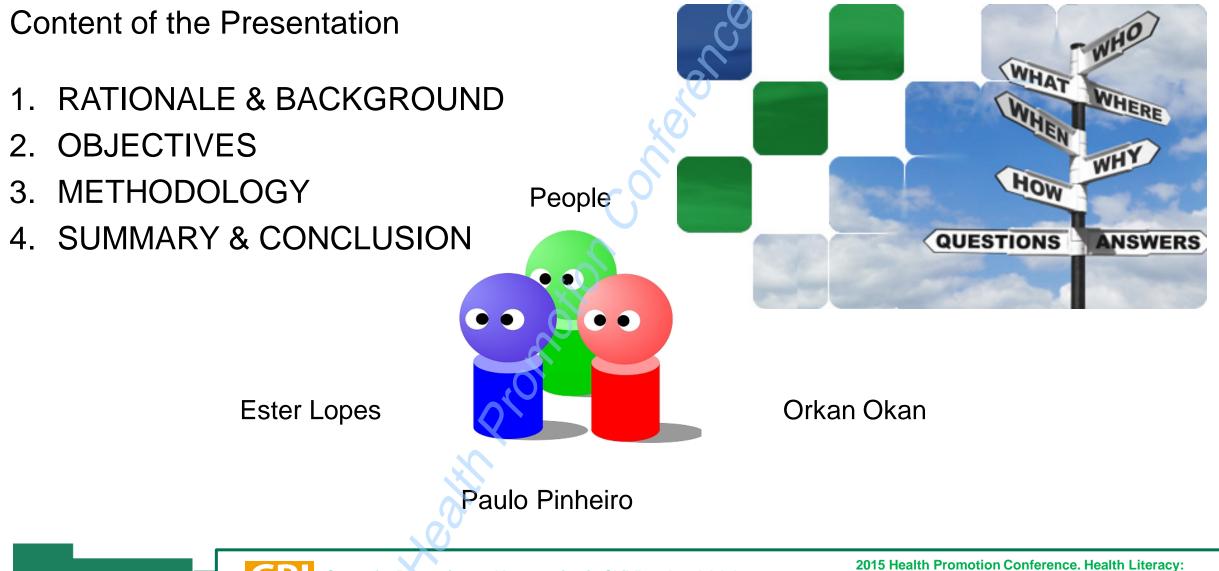
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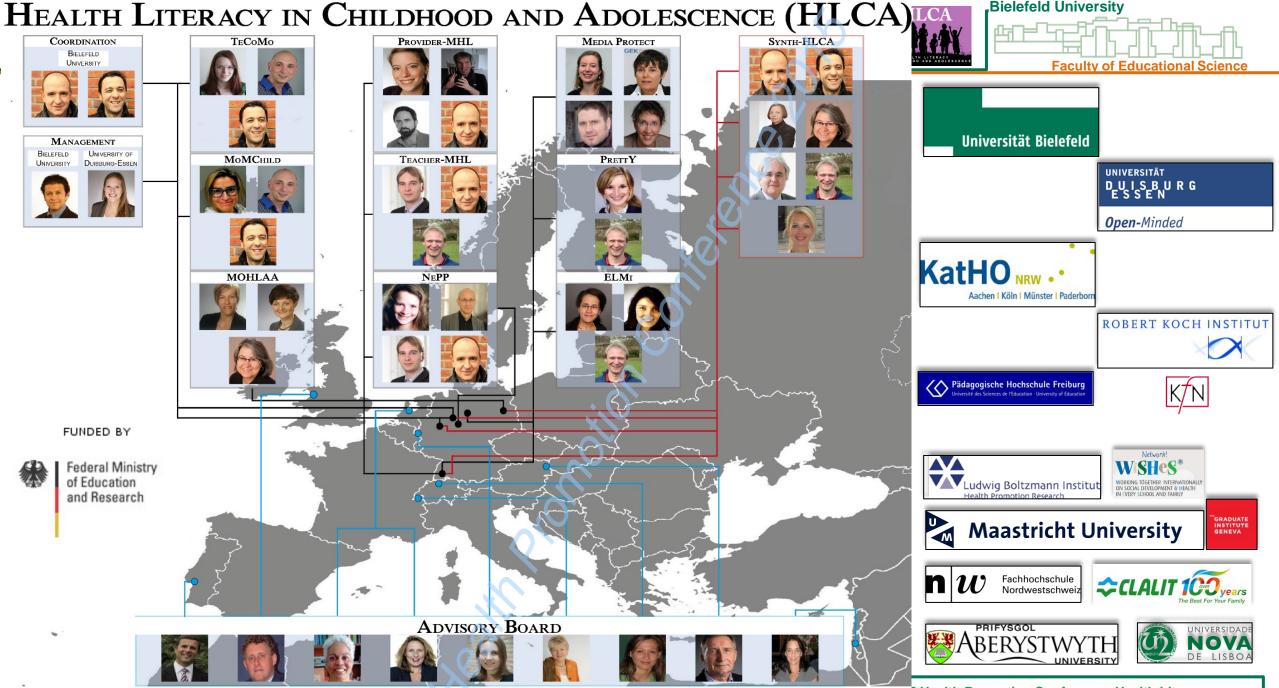


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- Child and Adolescent Health Literacy Research in HLCA project Germany
- Start date 03/2015 03/2018
- 10 Subprojects, including Synthesis Project
- Funded by the Federal Ministry of Education and Research (BMBF)
- Collaborative team science with partners from various fields, e.g. Education, Psychology, Sociology, Public Health
- Aiming at research in general Health Literacy, Mental Health Literacy and eHealth Literacy
- Mostly all projects will develop conceptual frameworks, tools and conduct surveys





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# Project Background in a Nutshell

• What: Tool development & validation

• Who: Target population children 9-10 years old

How: Mixed Methods, Qualitative & Quantitative

• Where: Germany











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Project Background in a Nutshell - Why

- Child and adolescent measures are not well developed compared to adult tools
- Most tools quest populations 15 y.o.++
- No adequate frameworks or models that can be translated into tools

## **MoMChild Target Population**

Children 9-10 y.o. are crucial for health literacy research, their needs and their balance between autonomy and heteronomy differ from adults and adolescents

- Transition; secondary school lacksquare
- Autonomy and personality development
- Cognitive, emotional, physical development



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# MoMChild Objectives

- Development of a valid questionnaire underpinned with a sound model and definition to assess health literacy levels of children 9-10y
- Development of a Milieu Typology related to the childrens life worlds (class-related lifestyles)
- Measuring Health Literacy of primary school children



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Some Challenges when doing Health Literacy research with/in the Child Population

- Stage of life
- Childrens Worlds -> lifestyles?
- Content and context specific factors; what is important?
- How can an instrument adequately address children?
- Measurement of Health Literacy: Adaptation? New development? Crossover?
- Children`s participation?





#### MoMChild Methodology

- 1. Developmental Stage I
- 2. Qualitative Pilot
- 3. Developmental Stage II
- 4. Field Test Quantitative Stage
- 5. Analysis and Refinment I
- 6. Analysis and Refinment II
- 7. Finalisation



- Cognitive Testing of the preliminary instrument
- Scale and Variables Modification; Completion of the Tool for Field Test
- Field Test in Schools and pupils
- Statistical treatment and analysis
- Milieu Typology Development
- Questionnaire final version



### Work in Progress:

A systematic literature review (with reflective elements in the metdly. -> cross referencing) Using PubMed, Web of Science, PsycInfo, SSRN, Emerald, ERIC, Science Direct, CINAHL, BioMed Central

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Objectives:

(1) Identification of methodologies and measurements of child/adolescent/adult HL,(2) Creation of a robust knowledge base of the HL concept .

	Search Topic	Results
Results:	original tools	n=66
	systematic reviews	n=7
	recommendation papers	n=16
	taxonomic papers	n=21
	target population tools (9-10y.o.)	n=3





Tools found for MoMChild Target Population

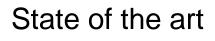
KidsHealth KidsPoll of Health Literacy of the National Health Education Standards based Tool (Brown et al., 2007, USA) (9-13 y.o.)

GeKoKids Tool: Based on the Nutbeam Typology and Health Promotion Outcome Model (Schmidt et al., 2010, Germany) (9-13 y.o.)

Instruments from Council of Chief State School Officers (CCSSO) State Collaborative on Assessment of Student Standards (SCASS) Health Education Assessment Project (HEAP) (Benham Deal et al., 2010, USA) (8-9 y.o.)







No valid questionnaire to assess health literacy in 9-10 years old primary school children that is underpinned with a target population adjusted model and definition

GAP IN VALIDITY-DRIVEN TOOLS

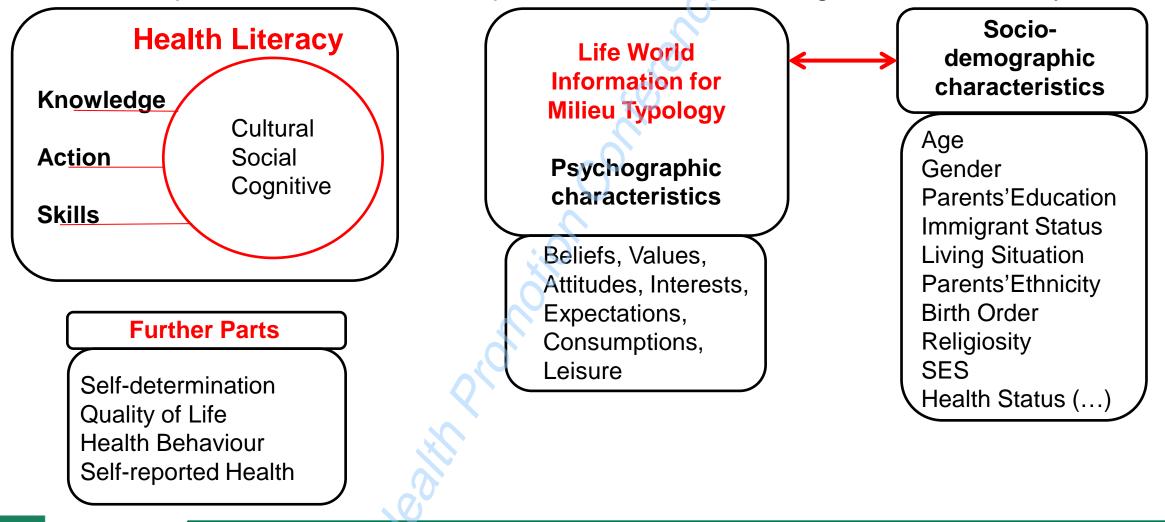


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#### **Concept Clarification**

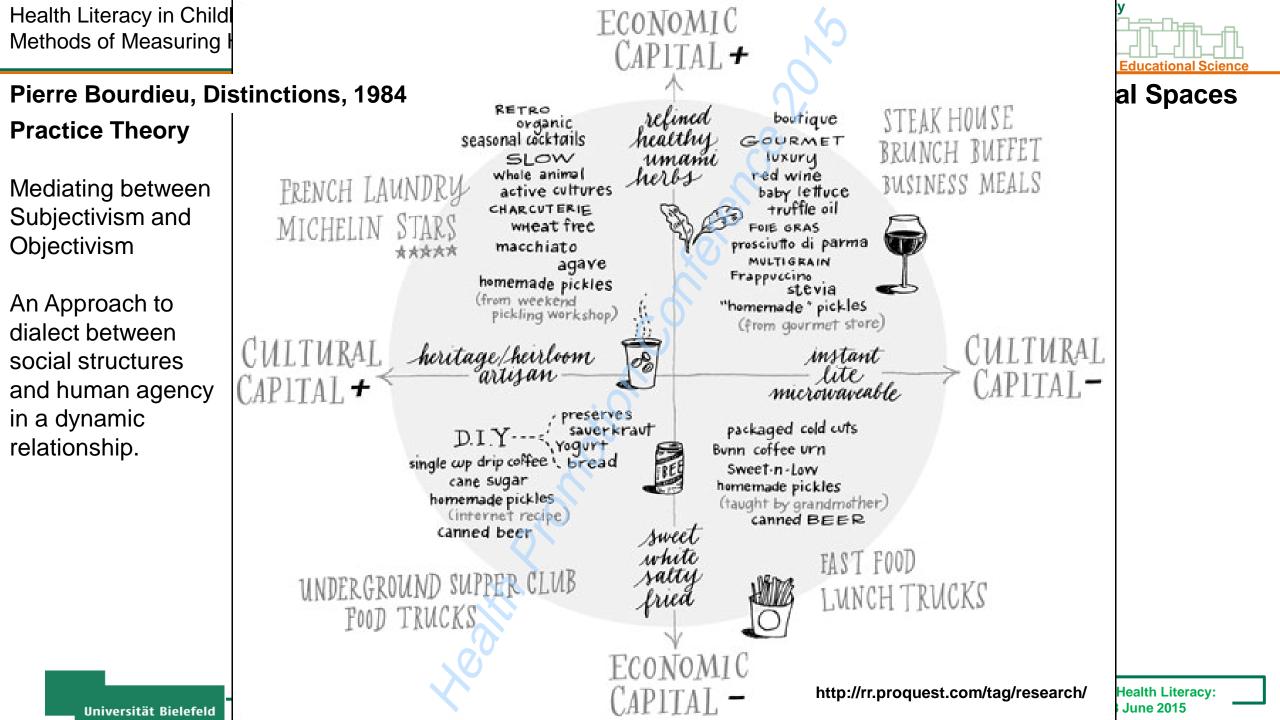
Conceptual Framework Development and Understanding of Health Literacy



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#### Summary

- Development of a valid Health Literacy Questionnaire for Children 9-10-y.o.
- Based on a Conceptual Framework, including Dispositional Skills and Attitudes (Milieu Typology)
- Challenges and Difficulties
- Literature Review Results, Lack of Instruments for the Target Population
- Understanding of Child Health Literacy?
- Including Children to the Research

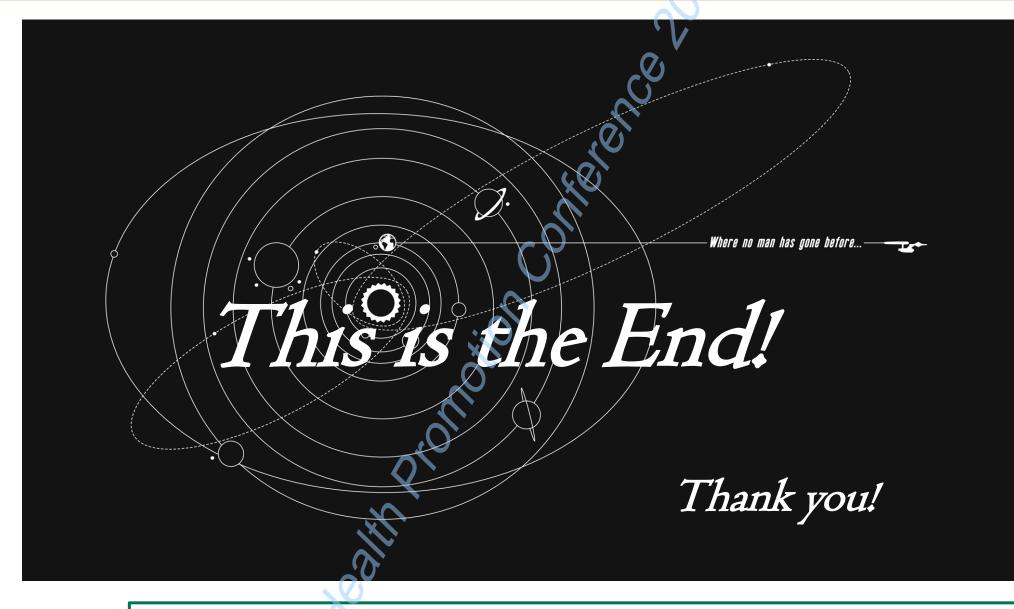
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