



OLLSCOIL NA GAILLIMHÉ
UNIVERSITY OF GALWAY



Youth Participation in Health Research: The HAPPY Experience

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What is HAPPY?

- HAPPY (Health Advisory Panel of Passionate Youth) is the youth advisory panel for HBSC (Health Behaviour in School-aged Children) study Ireland.
- The HBSC study is a World Health Organization (WHO) collaborative cross-national study that monitors the health behaviours, outcomes and social environments of school-aged children
- The study is carried out in 51 countries and regions and takes place every 4 years
- We were recruited through Foróige from different parts of Ireland to work alongside the HBSC researchers.
- Our role is to make sure young people's voices are heard throughout the research process.



Introduction to HAPPY member



Anna Adler

Padraic Barry

Rohan Cooney

Aiden Casey Hayes



Icebreaker



How we came up with this workshop

- We co-created this workshop with the HBSC researchers during our monthly meetings
- We wanted to explore whether young people and adults think differently about youth participation
- Together, we designed questions that will be answered by both you, the audience and us, the HAPPY members
- The aim is to share what meaningful youth involvement looks like from a young person's perspective.



How is the workshop going to run?

- Chat show - led by HAPPY
- 3 Questions

1 Audience

The audience will answer the questions on Mentimeter

2 HAPPY

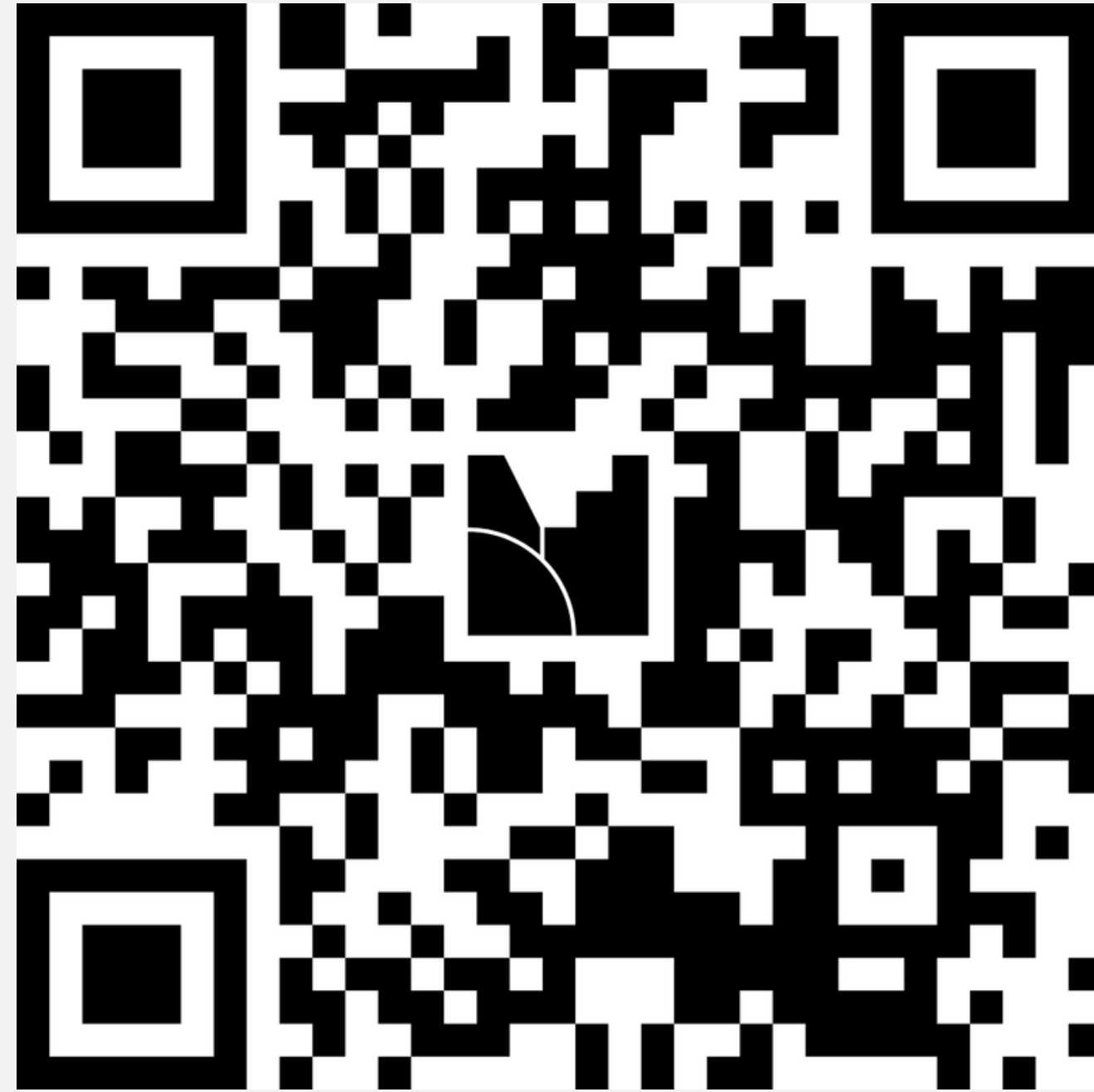
Then we'll answer the same questions live

3 Compare

We'll compare the two sets of answers to show differences in perspectives

Goal: To show what best practice in youth engagement looks like





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Take home message from the HAPPY members





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Go Raibh Míle Maith Agaibh!

Thank you!

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