

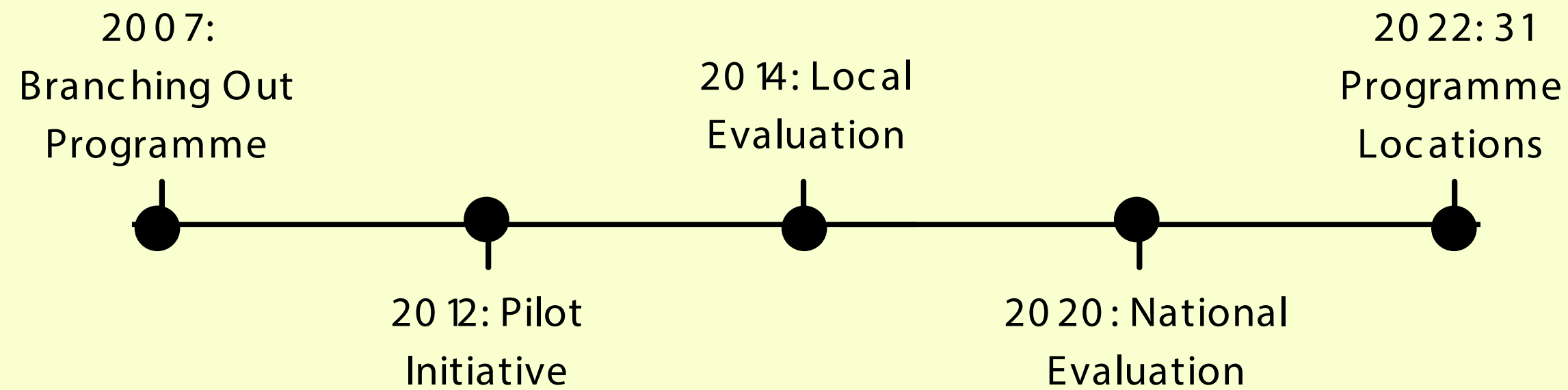
Woodlands for Health

by Isabel Berwick

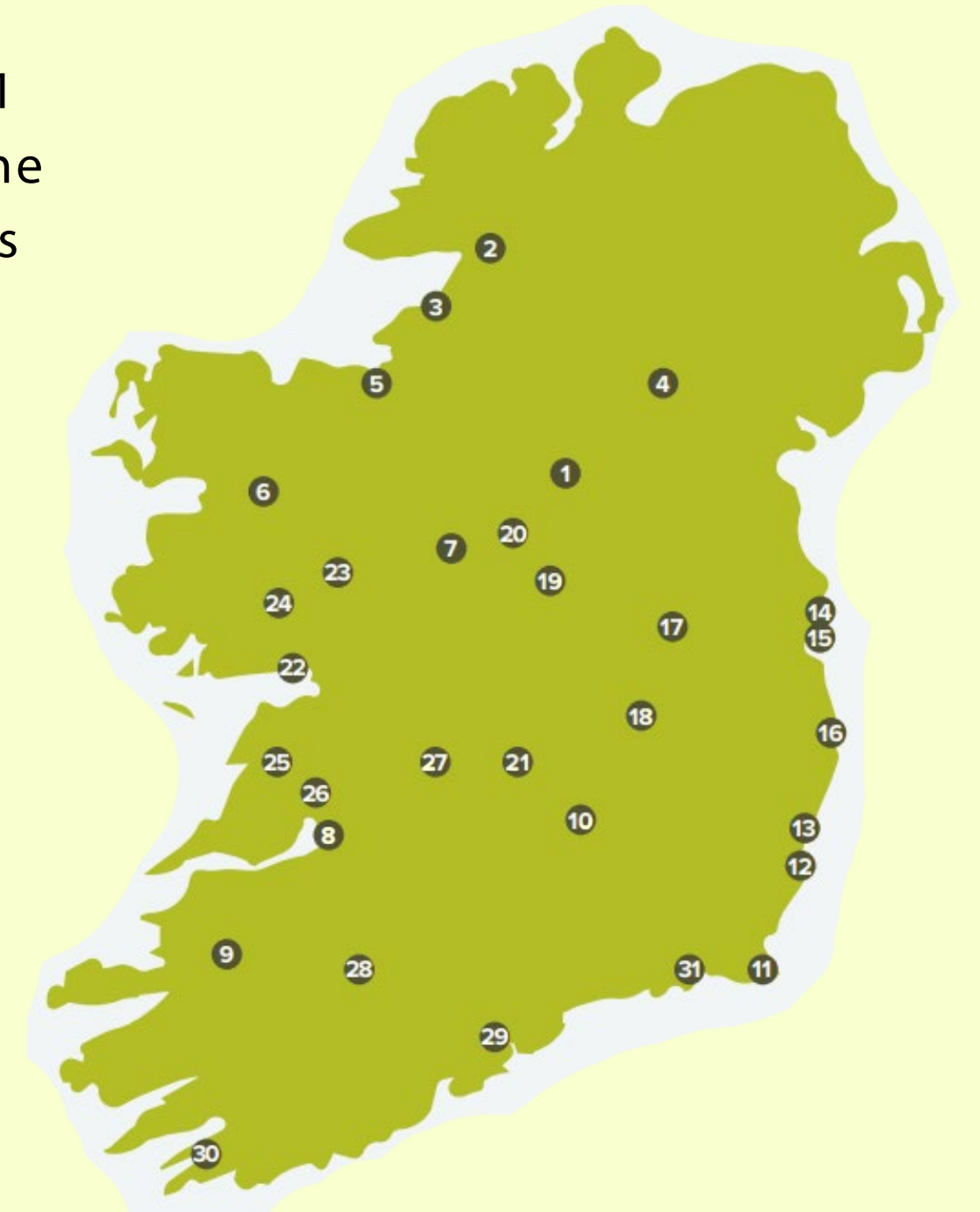
HSE Health Promotion and Improvement

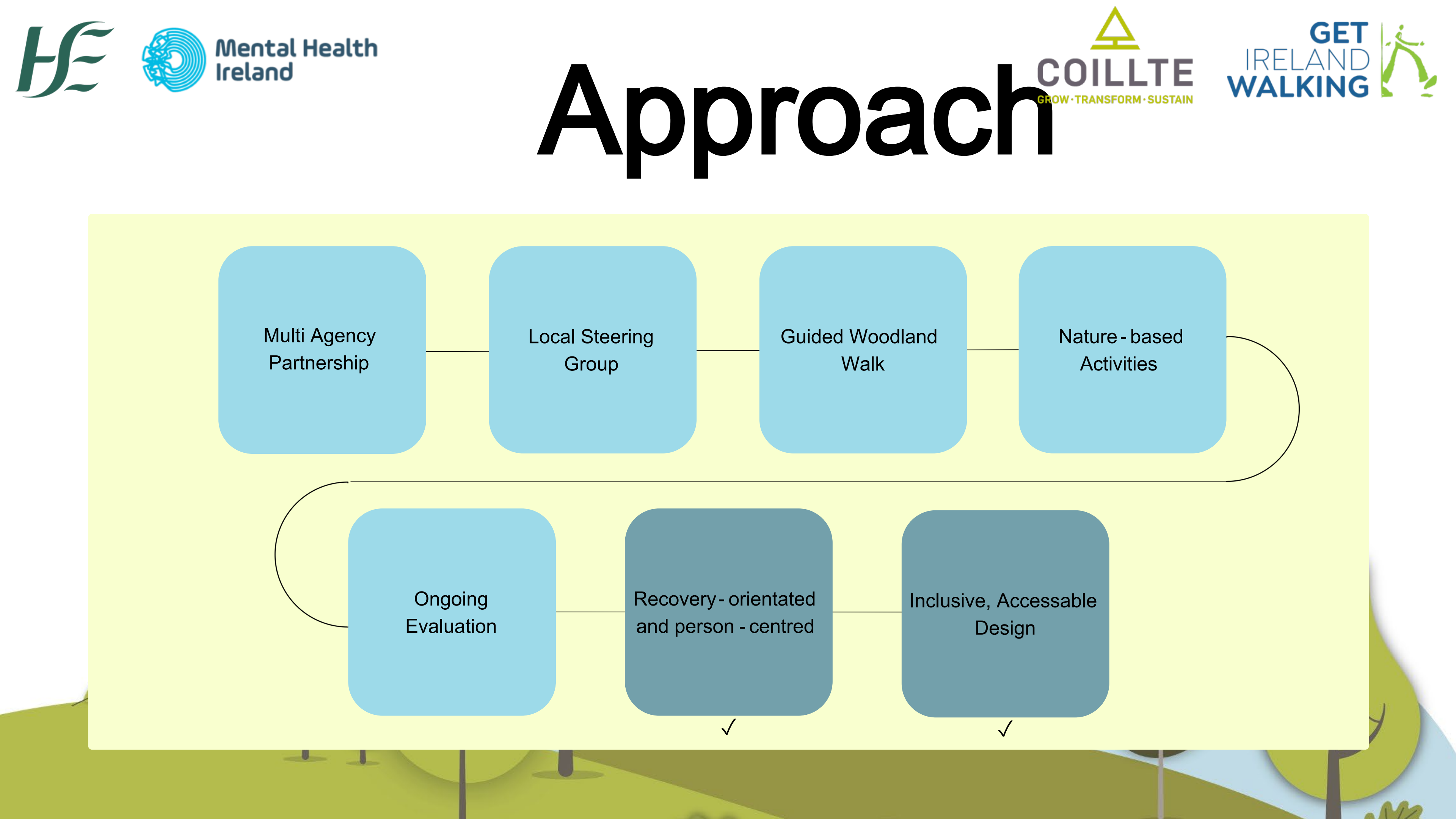


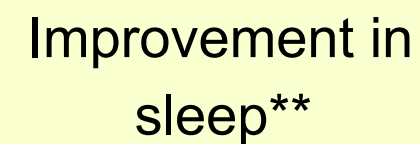
Context



- Grounded in the principles of ecotherapy, complementing the recovery - oriented approach to mental health care
- Supports personal recovery, wellbeing, social inclusion, and connection with nature

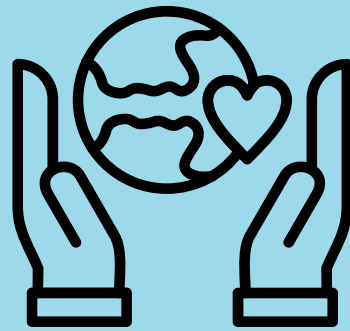




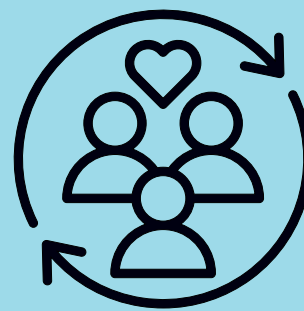


Conclusion

Creating Supportive
Environments



Strengthen
Community Action



Developing Personal
Skills



Partnership
Working



- What's next for the participants?
- What's next for the programme?



Mental Health
Ireland



Any Questions?

