

### **EXPLORING PUBLIC** & PATIENT PARTICIPATION TO **GUIDE RESEARCH** IN WOUND CARE IN AN IRISH **CONTEXT**

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A Roundtable Report

# Background

- The Alliance for Research and Innovations in Wounds (ARIW) was founded in 2017 to further develop and expand wound care in Ireland and Internationally.
- ARIW brings together expertise in research, education and clinical practice that exists within NUI Galway, Saolta and private healthcare partners.
- ARIW's vision is:

"To address the challenges for everyone affected by wounds through collaboration, pioneering research and innovation"

• ARIW conducted an open public event in October 2017 to identify patient and carer research priorities.







### Methods



- Roundtable discussion format at an open public event
- Format guided by 'The Participation
  Toolkit (2014)' developed by the Scottish
  Health Council
- Each roundtable was facilitated by 2 ARIW Team members
- Detailed written field notes and audio recordings of discussions taken





- Participants included patients, carers, clinicians and non- clinical academics (N=36)
- Data was analysed using Inductive Thematic Analysis
- The Guidance for Reporting Involvement of Patients and the Public 2 – Short Form (GRIPP2-SF) guided the reporting process

(Staniszewska et al 2017)







### Themes Identified

5 main themes identified with associated subthemes

- 1. Impact of wound
- 2. Pain management
- 3. Wound management
- 4. Financial & Practical Burden
- 5. Educational Needs







### 1. Impact of Wound

- Quality of Life
  - Long term condition 30%
  - Social restriction/ Loss of independence
- Patient Priorities
  - Access to care
  - Need for education
  - Protection of wound Ongoing vigilance









### 2. Pain Management

- Ongoing burden of pain
- Impact of both chronic and acute pain

"Very little helps when the pain is bad" (Patient 1)





# 3. Wound Management Subthemes

- Sensitivity/Allergy/Itch/Exudate
  - The importance of self care and access to services for wound care
  - Exudate problematic and embarrassing
  - Carers would like to know how to tackle the cause of exudate so management of this could be improved.

"Affects everything, clothes, walking, footwear" (Patient 2)







### 3. Wound Management

- Dressing & Bandages
  - Different styles of bandaging & dressing types irritating
  - "Some effective but others can do more harm than good" (Patient 3)
  - Lack of staff resources undermines good work
  - Staff changes and 'Trial and error approach' viewed as potentially setting wound care back







- 3. Wound Management Subthemes
- Continuity of Care
  - Lack of staff resources undermines good work
  - Patients should be viewed as the expert in respect of their wound
  - Lack of continuity between hospital and community

"You would not want a different hairdresser so why have a different nurse do your wound week to week". (Patient 4)







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### 3. Wound Management

- The Professionals view of deterioration
  - Lack of adherence to prescribed footwear, wound care and self bandaging
  - Staff critical of patients using inappropriate products and not responding to advice





### 4. Financial Burden

- Serious burden
- A drain on personal finances
- County to county differences in entitlements







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### 5. Educational Needs

- Professional Perspective
  - Patients can't/won't take responsibility for wound healing
  - "We as clinicians need to encourage more ownership of wound healing by patients" (Clinician 1)
  - Public Health Nurses (PHN) Lack of resources, dressings, supplies and time.
  - Lack of wound care knowledge in hospital services and continuity of care
  - "Everyone does it (wound care) different" (Clinician 2)





### 5. Educational Needs

#### Subthemes

- Patient Perspective
  - A view that the patient should educate the nurse
  - A lack of collaboration/ listening to patients
  - A lack of support and education
  - The need for support groups expressed

"Nurses give a cold reaction when you try to educate them" (Patient 5)

"Learn as we go along" (people with wounds) (Carer 1)









# Patients and Carers Recommendations for future research:

- Dressing & Bandages more research needed
- Wound Care Educational Support Strategies & Resources
  - For both Professional and Patient Education
    - Support Groups/ Leg Ulcer Clubs
    - Suggestion of DVD to educate both patients and family members as

"Families don't understand burden" (Patient 2)

"Might have stopped it progressing" (Patient 1)





### **Future Directions**

- Participant evaluation
- Participants expressed a strong interest in further wound care Public & Patient Involvement (PPI) events
- ARIW plans an additional event for October 2018









### References

- Scottish Health Council (2014) *The Participation Toolkit: Supporting Patient Focus and Public Involvement in NHS Scotland*. Healthcare Improvement, Scotland 2014.
- Staniszewska, S., Brett, J., Simera, I., Seers, K., Mockford, C., Goodlad, S., Altman, D.G., Moher, D., Barber, R., Denegri, S. and Entwistle, A., (2017). GRIPP 2 reporting checklists: tools to improve reporting of patient and public involvement in research. *Research involvement and engagement*, 3(1), p.13.
- Staniszewska, S. and Denegri, S., (2013). Patient and public involvement in research: future challenges. *Evidence-Based Nursing* 2013;16:69.

