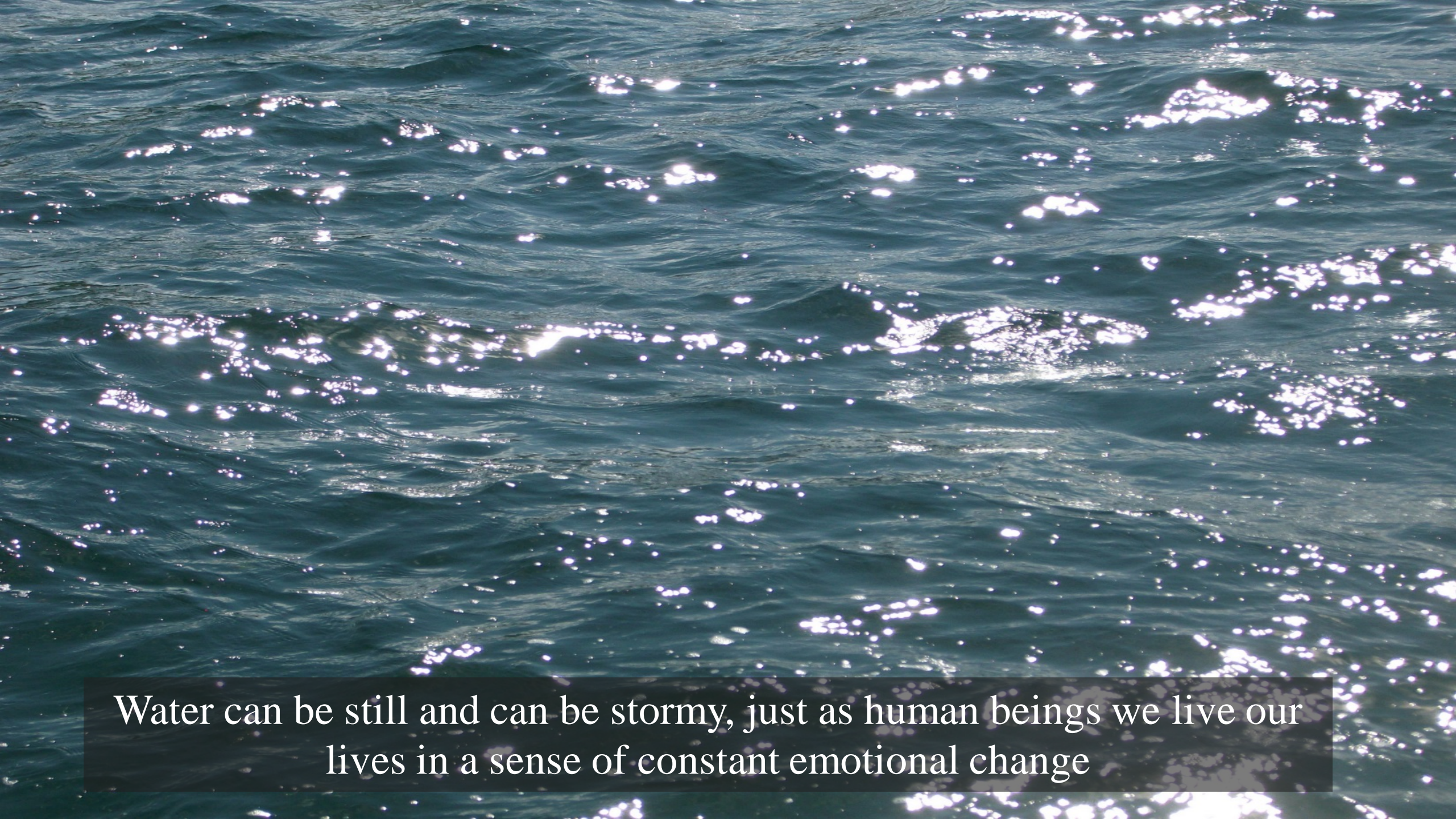




Our Vision for the Future of Health Promotion



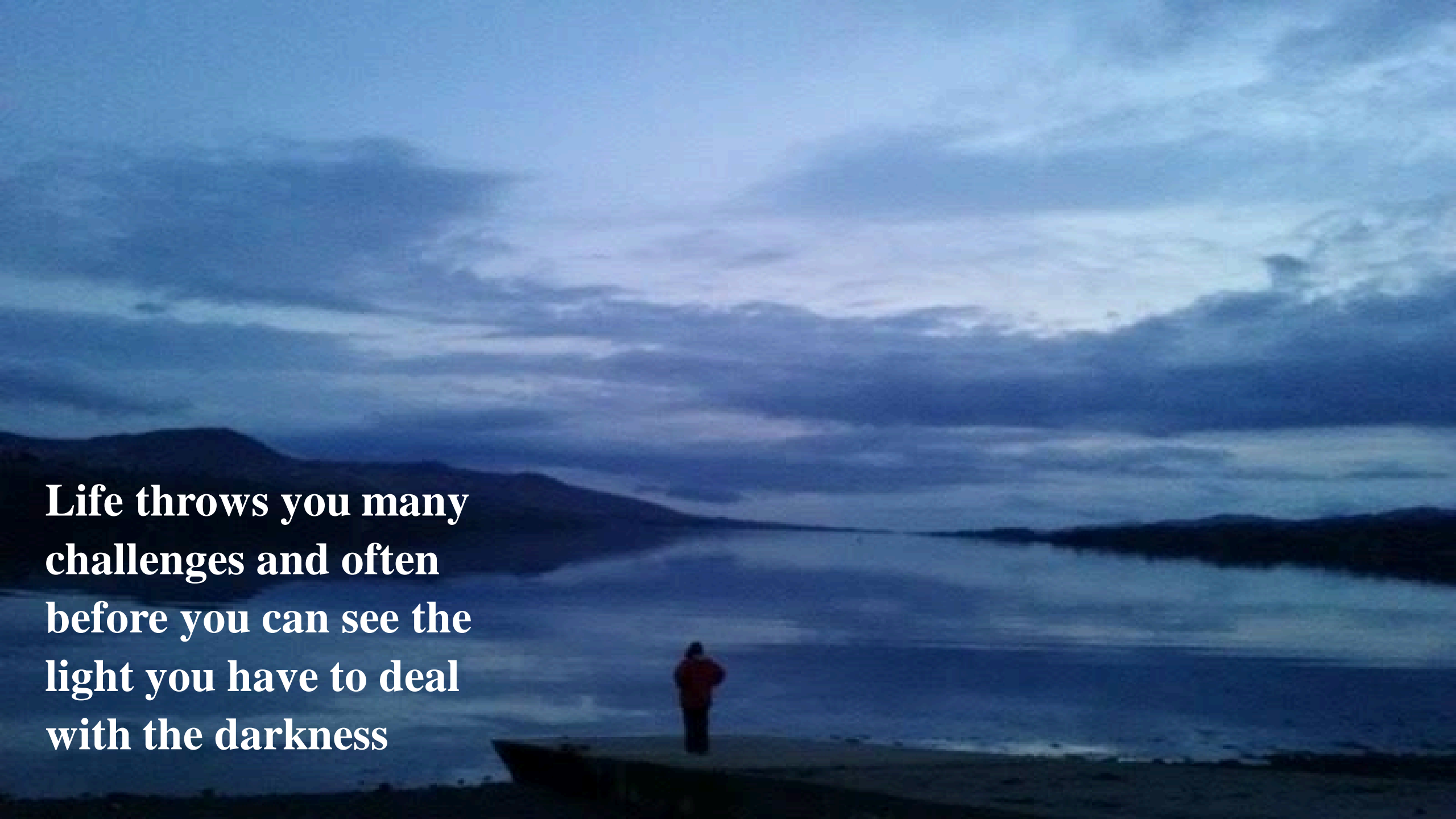
HEALTHY LIVING



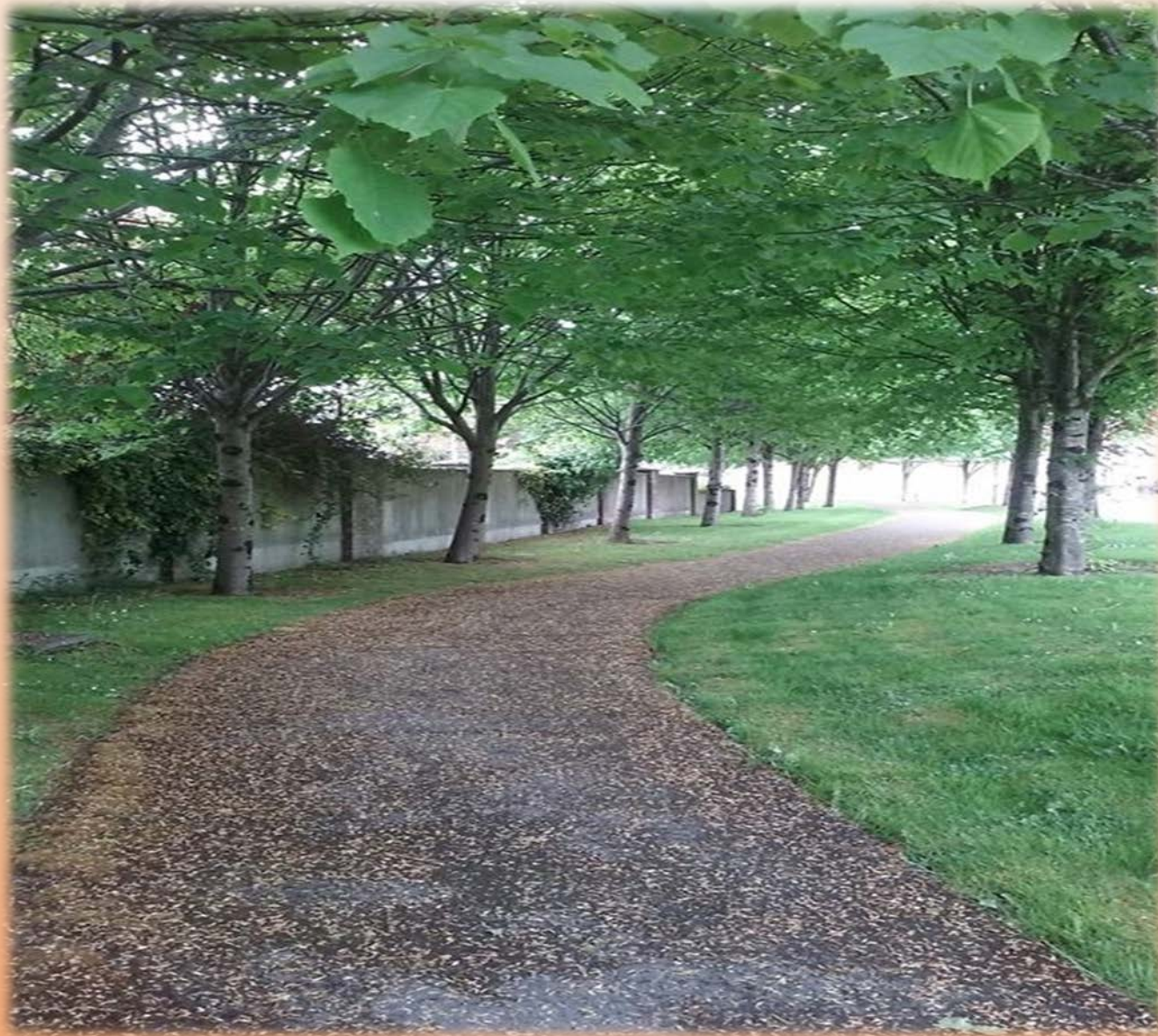
Water can be still and can be stormy, just as human beings we live our lives in a sense of constant emotional change



Life brings challenges, but look beyond those challenges
and you will see hope!

A person in a red jacket stands on the deck of a boat, looking out at a vast, dark sea under a cloudy sky. The scene is dimly lit, suggesting dusk or dawn. The text is overlaid on the left side of the image.

**Life throws you many
challenges and often
before you can see the
light you have to deal
with the darkness**



Everyone deserves the opportunity to blossom, there is no one step that ensures it, it involves a lot of little steps along the way



**Mindfulness in
nature**

BOOST MY MOOD, WITH WATERPROOF SHOES WHEN IT'S RAINING



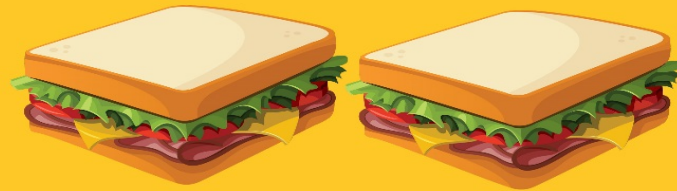
**Making health
promotion personally
meaningful**



Little things can make a big difference

janestips.ie

BECOME AWARE AND KNOW THE SIGNS OF WHEN IT WILL BE A TWO SANDWICH DAY



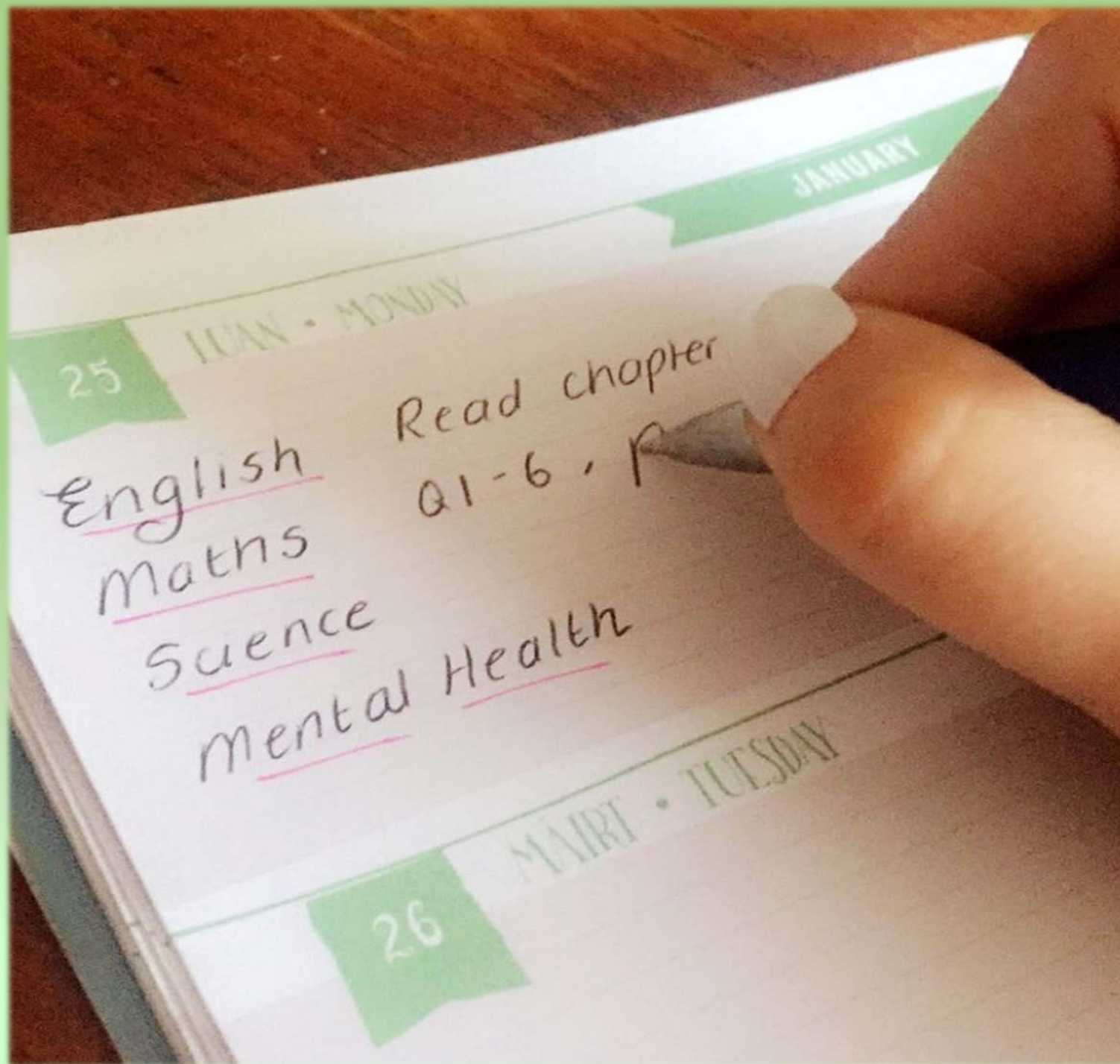
Little things can make a big difference

janestips.ie

**Creativity in
what we do**



Influencing early years – impact for life



Shift of focus from Leaving Cert points to preparing young people for life after school



**Promoting Healthy
Behaviours**



**Making the 'healthier'
choice the easier
choice?**



Dóigh geir
ní ola!



Burn fat, not oil!

Be good to the environment by being kind to your body



**A walk in the park has just
become a lot more interesting**



Be 'smart'!
**Live your life in the moment and not
through your smartphone**



Disease prevention and healthy heart promotion



**Enabling people
to reach their
full potential**



CULTURE & COMMUNITIES



**Shift in focus
from the
individual to
the
community**



**Continue down the road
from healthy individuals to
healthy populations**

Embracing different cultures to reduce inequalities





**Cultural
impacts**

**A neglected Community Cooperative Office
somewhere in Ethiopia.**





**What are the wishes
of children –
especially refugee and
disadvantaged
children?**

**(A wish tree from
Bridget's garden)**

**LITTLE MISS
CHATTERBOX**



**Recognising and working
with people's strengths**



Focus on the opportunity no matter how small it is



**Working towards opening
doors of opportunity for
people.....**

**Equipping them with the
skills they need to walk
through...**



Working
TOGETHER to
achieve a
common goal



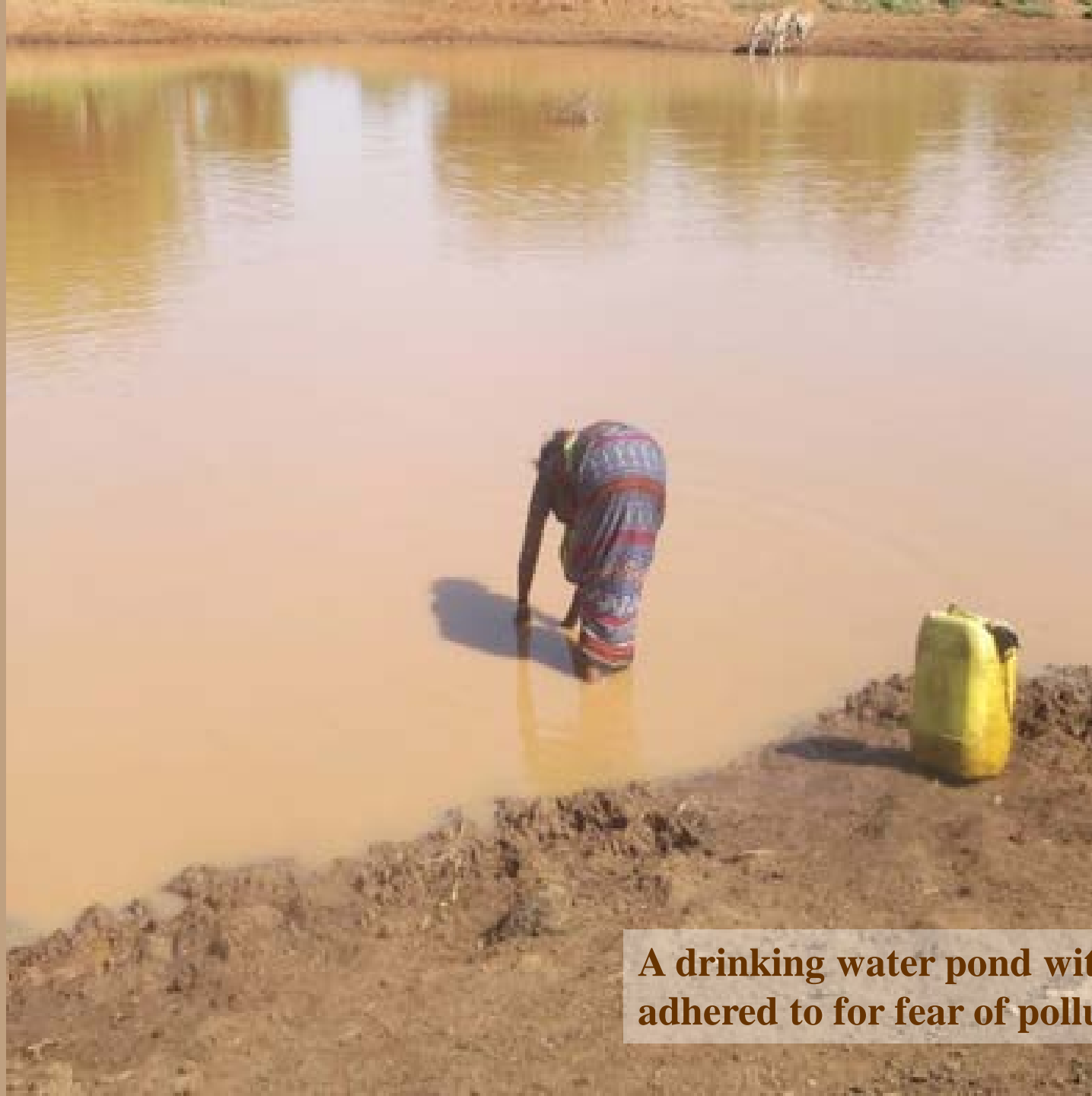
**Where community
support this
powerful is more
than one day a year**



SUSTAINABLE SYSTEMS & ENVIRONMENTS



**Crossing boundaries,
transforming lives**



A drinking water pond with strict rules to be adhered to for fear of polluting it



Someone actually lives here.....



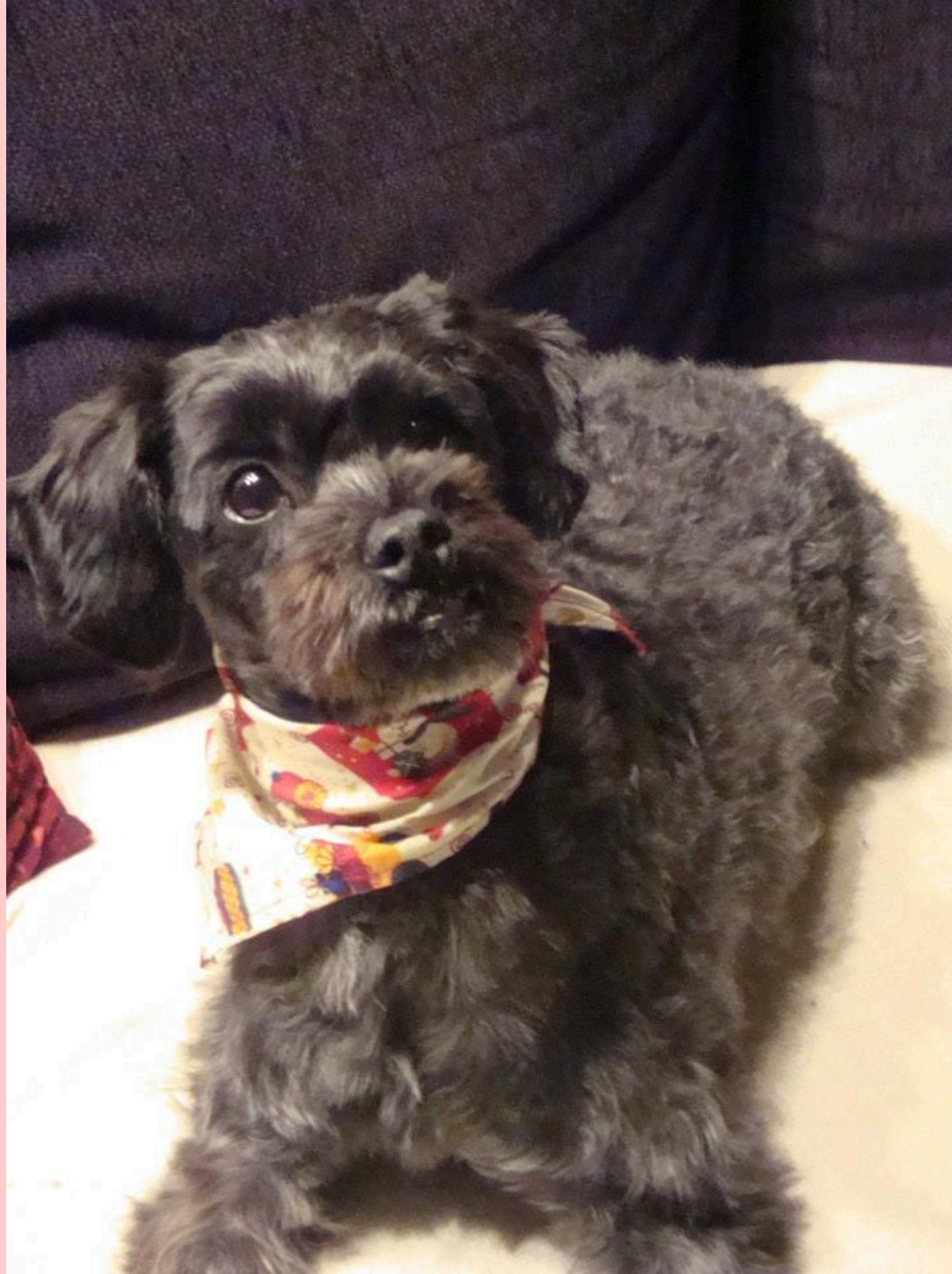
Shelter for all



Building capacity



Inter-sectoral collaboration is key to address the changing patterns in health needs



**Acknowledging Every
Support System**



Linking support structures



**Facilitating a
partnership
approach**



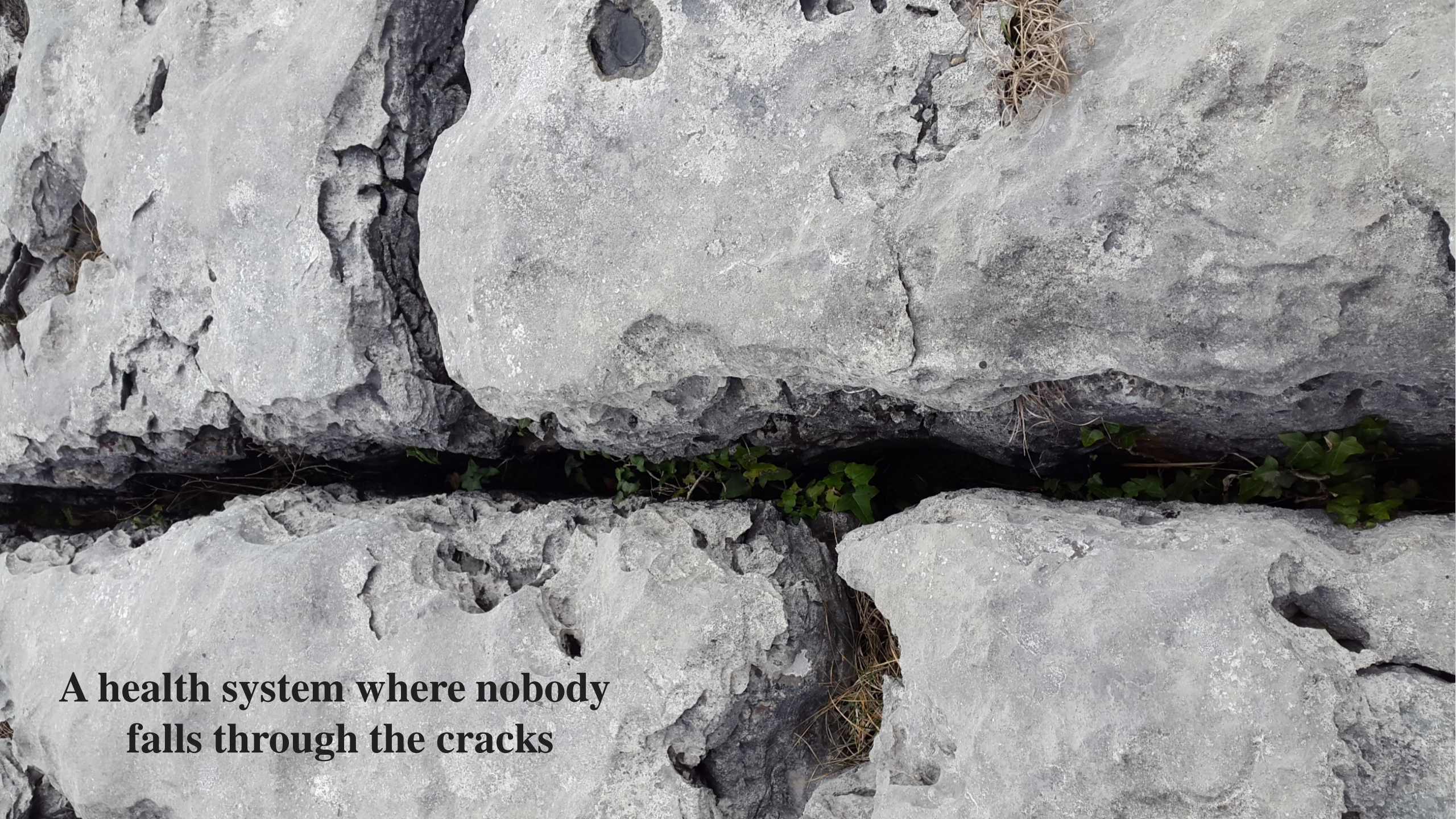
**Aligning our
goals**



Embedded in all stages of planning



**Roads to better
outcomes**



**A health system where nobody
falls through the cracks**

Supportive environments



**Access to a healthy environment
for everyone**





Sustainable development goals



**Intertwine health
promotion and
globalisation**



**Health promotion
to ‘take off’
globally**



HOPES FOR THE FUTURE



Steps to a new horizon



**Health as a
continuum...
forever changing**



**Upstream
focus**



**A holistic approach
– less tunnel vision**



“In the nineteenth century health was transformed by clear, clean water.

In the twenty-first century, health will be transformed by clean clear knowledge”

Sir Muir Gray



**Just keep swimming!
Health promotion:
protecting our future**



Protecting health



Understanding different perspectives

Embracing different perspectives of health





The path to health



Reflection on past learning



Looking towards the future



**Growth and recognition of
health promotion practice**



**Health promoters to
remain strong and brave
in advocating for greater
social and health
equity in a market based
society**



**Keeping the health
promotion fires burning**

Thank you to all the contributors – the researchers in HPRC, PhD students, MA students and respective representatives!

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Permission to display these images was given by all who appear on the photographs

